BIBLIOGRAPHY/ REFERENCES

1] **Ali A. Ammouri, Ayman Tailakh, et.al (may 2016).**Knowledge of Coronary Heart Disease RiskFactors among a Community Sample in Oman, SQU Medical Journal 16 (2), 189-196., https://doi.org/10.1007/s13311-011-0054-0.

2] **Ameera Ali AL-Nooh,1,2 Abdulhussain Abdulabbas Abdulla Alajmi,(2014).**The Prevalence of Cardiovascular Disease Risk Factors among Employees in the Kingdom of Bahrain,Cardiology Research and Practice, vol. 2014, Article ID 832421, https://www.hindawi.com/journals/crp/2014/832421/cta/

3] **Amir Houshang Mehrparvar,1 Seyyed Jalil Mirmohammadi, (2013).**Prevalence of Cardiovascular Risk Factors among Tile and Ceramic Workers in Yazd, Iran, https://doi.org/10.5402/2013/921860

4] **Asmita Adhikari,1 Buna Bhandari (2017).**Awareness and Practice of Prevention of Myocardial Infarctionamong Hypertensive Patients, Nepalese Heart Journal 2017; 14(1): 25-28, http://webcache.googleusercontent.com/search?q=cache:KKM9VxU3mMEJ:www.nhjournal.info/pdf/17192-56483-1-SM.pdf+&cd=1&hl=en&ct=clnk&gl=in

5] **Awosan, K.J., Ibrahim, M.T.O., Sabir A.A., Ejimodu, P.(sept2013).**Awareness and prevalence of risk factors of coronaryheart disease among teachers and bankers in Sokoto,Nigeria, Journal of Medicine and Medical Sciences Vol. 4(9) pp. 335-342, http://www.interesjournals.org/JMMS

6] **Aysha Almas ,Aga Khan University, (October 2008).**Knowledge of coronary artery disease (CAD) riskfactors and coronary intervention among universitystudents, Journal of the Pakistan Medical Association, 58(10), 553-7https://ecommons.aku.edu/cgi/viewcontent.cgi?article=1016&context=pakistan_fhs_mc_med_cardiol

7] **Athavale AV, et.al** Prevalence and risk factors of coronary heart disease in sedentary workers. Indian journal of Industrial Medicine .1997. June; 43(2) 10-4. cited on [18-11-2008].Available from URL: http://medind.nic.in/imvw/imvw9805.html

8] **B.T.Basvanthappa**.Nursing Research .2 nd Edition. New Delhi: Jaypee Brothers Medical publishers (p) Ltd; 2007 p. 118.

9] **Black JM, Jacobs EM. Lukeman and Soreness** Medical Surgical nursing,

Physiologic approach .3rd ed. Philadelphia: WB Saunders Company; 993.p.1139 1150.

10] **Chinju George and G. Andhuvan (2014).** A population - based study on Awareness ofCardiovascular Disease Risk Factors, Indian Journal of Pharmacy Practice, 7(2), 23-25, http://www.ijopp.org/sites/default/files/IJOPP_7_2_2014_5.pdf

11] **Calvin Ke, Rajeev, et al.(2018**) Divergent trends in ischaemic heart disease and stroke mortality in India from 2000 to 2015: a nationally representative mortality study The Lancet Global Health, 6(8), https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30242-0/fulltext#%20

12] Dr. Mfrekemfon P. et.al (2015). Sedentary Lifestyle: Health Implications, IOSR Journal of Nursing and Health Science 4(2), 20-25, http://www.iosrjournals.org/iosr-jnhs/papers/vol4-issue2/Version-1/E04212025.pdf

13]Dr. Prakash.J, (2018) Cardiovascular mortality in India, The Lancet Global Health. https://www.hindustantimes.com/health/deaths-from-heart-diseases-rising-in-india-says-study/story-UYma5nMpdB2QATwDqI3k9L.html

14] **D. K. Kashap.** Assess fatigue among patient with cardiac disease. Indian Journal of Surgical Nursing 2012 august 1; 427-467: 37

15] Enas EA, Garg A, et al. coronary heart disease and its risk factors in the first generation immigrant Asian Indians to the united states of America. Indian: heart J 1996; 48.P.343-54.

16] Fowokan A.O.a, Black J.L.b, Holmes et.al (June 2018). Examining risk factors for cardiovascular disease among food bank members in Vancouver, Preventive Medicine Reports 10, 359-362 https://www.sciencedirect.com/science/article/pii/S2211335518300706?via%3Dihub

17] Geevar Zachariah1, Anoop George Alex, (2017) Exrecice for prevention of cardiovascular Disease : Evidence based Recommendations

http://www.jcpconline.org on Monday, June 25, 2018, IP: 103.208.118.244]

18] Ghaderian, Sayyed Moha mmad Hosseina; Akbarzadeh Najar, Rezaa; Tabatabaei Panah, Akram Sadat. (2010) prevalence and risk factors coronary artery disease . Coronary artery disease September 2010: 21(6) pp 330-335

19]H.R. Shivaramakrishna, A.S Wantamutte, et.al (2010). Risk Factors of Coronary

Heart Disease among BankEmployees of Belgaum City, Al Ameen J Med S ci 3 (2), 152-59.
https://pdfs.semanticscholar.org/de4b/c6e10ac5e11f8cfe7732bca6df20dbf5fce4.pdf

20] Hadiza Saidu, Kamilu Musa Karaye, Basil N. Okeahialam (2015). Cardiovascular disease risk factors among subjects with high-normal blood pressure in a Nigerian tertiary health institution, Sahel Medical Journal, 18(4), http://www.smjonline.org/article.asp?issn=1118-8561;year=2015;volume=18;issue=4;spage=156;epage=160;aulast=Saidu;type=0;aid=SahelMedJ_2015_18_4_156_176593

21]Hislop TG, Shigeru S, Sadanobu K. (2003)Whether community education can reduce the risk of CVD – a field experiment community study in three northern California towns. British Medical Journal 2003 Sep 19;310:1411-8.

22] Julie Evason, et al. (August 2017). Development of a questionnaire to evaluate patients' awareness of cardiovascular disease risk in England's National Health Service Health Check preventive cardiovascular programme BMJ Open 7(9), https://bmjopen.bmj.com/content/7/9/e014413

23] Kaur S, et.al (2016). Cardiometabolic risk factors associated with coronary artery disease inAsian Indian population, Journal of Innovations in Pharmaceuticals and Biological Sciences, 3(3), 160-175. http://www.jipbs.com/VolumeArticles/FullTextPDF/241_JIPBSV3I320.pdf

24] Kirkland SA, et.al (2004)Knowledge and awareness of risk factor for cardiovascular diseases among Canadians 55 to 74 years of age: results from the Canadian heart health surveys. Canadian Medical Association Journal 2004 Feb;25:510-6.

25] **Kaur S1, et.al** Cardiometabolic risk factors associated with coronary artery disease in Asian Indian population Kaur et al., JIPBS, Vol 3 (3), 160-175, 2016
http://www.jipbs.com/VolumeArticles/FullTextPDF/241_JIPBSV3I320.pdf

26] **Laxmikant Lokare, et.al (2012).**Metabolic Equivalent Task Score and Risk Factors of Coronary Heart Disease in Bank Employees, International Journal of Biological & Medical Research. 3(2). 1627-1630. https://www.researchgate.net/publication/260923781_Metabolic_Equivalent_Task_Score_and_Risk_Factors_of_Coronary_Heart_Disease_in_Bank_Employees

27] Lewis. Medical surgical Nursing. 7th Ed.Elsevier publication: India;

2006.p.786 – 802.

28] **Mamta Choudhary, Kapil Sharma, et,al (September 2014).**Knowledge Regarding Preventive Measures of Coronary Artery Disease among Patient Attending Out Patient Departments of Selected Hospital Of Ludhiana City, InternationalJournal of Healthcare Sciences,2(1),60-63. file:///C:/Users/Admin/Downloads/_upload_manuscript_file_Research%20article-288.pdf

29] **Maria Woringer, Jessica Jones Nielsen,(August 2017).**Development of a questionnaire to evaluate patients' awareness of cardiovascular disease risk in England's National Health Service Health Check preventive cardiovascular programme BMJ Open 7(9), https://bmjopen.bmj.com/content/7/9/e014413

30] Mary P A (2010) Effectivness of structured teaching programme regarding prevention of coronary artery disease among rural population. Available from: htpp:/www./cvts.

31] Mika Kivimaki et al., (2013). Associations of job strain and lifestyle risk factors with risk of coronary artery disease, Canadian Medical Association Journal,185(9), 763–769, https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3680555/

32] More Ujwala Ramchandra, Pradnya Santosh Kadam, et.al (august 2015). International Journal of Science and Research (IJSR), 4(8), 346-349, https://pdfs.semanticscholar.org/5565/322a324cd7c3079ecc1208ce1d495ee2f1f7.pdf

33] Ms. Sumanpreet Kaur, (2016). Prevalence of Cardiovascular risk factors among Adolescents in Selected Schools of Banga, District Shaheed, 6(3), http://ajner.com/AbstractView.aspx?PID=2016-6-3-10

34]Nahla Khamis Ibrahim, Morooj Mahnashi et.al (2014). Risk factors of coronary heart disease among medical students in King AbdulazizUniversity,Jeddah, Saudi Arabia, https://bmcpublichealth.biomedcentral.com/articles/10.1186/1471-2458-14-411

35] Nursyafiza B. Mohammad, Nor Azlina A. Rahman, MainulHaque (2018). Knowledge, Attitude, and Practice Regarding the Risk of Cardiovascular Diseases in Patients Attending Outpatient Clinic in Kuantan, Malaysia. http://www.jpbsonline.org/article.asp?issn=09757406;year=2018;volume=10;issue=1;spage=7;epage=14;aulast=Mohammad

36] Priyanka Chouhan and Dr.Veena Williams (October, 2017). knowledge regarding coronary artery diseases (cad) among patients attending medical opd, https://www.journalijdr.com/assess-knowledge-regarding-coronary-artery-diseases-cad-

among-patients-attending-medical-opd-view

37]Polit DF, Hungler B.P Nursing research. 7 th ed.philadelphia: Lippincott company; 2000; p.412.)

38] R. K. Vinod, M. Pastapur, and K. P. Suresh (2012). Screening for risk of cardiovascular disease among officer grade bank employees of Gulbarga, https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3425029/pdf/JCDR-3-218.pdf

39] Radha Acharya Pandey, IsmitaKhadka (2012). Knowledge regarding preventive measures of heart disease among the adult population in Kathmandu, http://file.scirp.org/pdf/Health20120900008_66935357.pdf

40]Rao M et al.., (2015). prevalence, risk factors, treatments and outcomes of Coronary artery Disease (CAD) in Indians.

41]Rajeev Gupta. Epidemiological Evolution and rise of coronary heart disease in india. South Asian J Preventive cardiology 1997; 1 : 14-20

42 RosedianiMuhamad , RanimahYahya, Harmy Mohamed Yusoff (2012). Knowledge, Attitude and Practice on Cardiovascular Disease among Women in North-Eastcoast Malaysia, http://www.iomcworld.com/ijcrimph/files/v04-n01-08.pdf

43] Roberta Soares Lara Cassani, Fernando Nobre, Antonio Pazin Filho, Andre Schmidt. (2012) Prevalence of Cardiovascular Risk Factors in a Population of Brazilian Industry Workers. Arq Bras Cardiol 2012: 92(1):Pp 15-21

44]Shraddha Chauhan, Dr. BaniTamberAeri (oct 2013). Prevalence of cardiovascular disease in India and its economic impact-A review, International Journal of Scientific and Research Publications, 3(10), October 2013 1 ISSN 2250-3153. http://www.ijsrp.org/research-paper-1013/ijsrp-p2234.pdf

45] Siddharth A. Wartak, Jennifer Friderici, **(2011).** Patients' Knowledge of Risk and Protective Factors for Cardiovascular Disease, https://www.ajconline.org/article/S0002-9149(11)00335-3/pdf

46] Simone Visbjerg Møller, MSc,1 Harald Hannerz, PhD,1 Åse Marie Hansen, PhD, 2 Hermann Burr,PhD,3 Andreas Holtermann, PhD 1Møller SV, Hannerz H, Hansen ÅM, Burr H, Holtermann Environ Health. 016;42(1):43–51 https://www.ncbi.nlm.nih.gov/pubmed/26649851

47]Soni Shrestha1 &Deepa Gautam2 (July 2016). Knowledge on Risk Factors of Coronary Heart Disease among Middle Aged Administrative Staffs of Kathmandu. **Journal of Advanced Academic Research (Jaar)** July 2016, 1(3)

www.phdcentre.edu.np

48] Sultan A. L. Nohair1, Abdulrahman A. L. (2017). Risk profile of coronary heart disease among the staff members of Qassim University, Saudi Arabia, https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5327667/

49] Suresh G, Subramanyam K, SrinivasaKudva, et,al (june 2016). Coronary artery disease in young adults: Angiographic study, http://japi.org/june_2016/05_oa_a_clinical_and.pdf

50]T Sekhri, R S Kanwar, et.al (2014 march). Prevalence of risk factors for coronary artery disease in an urban Indian population. https://bmjopen.bmj.com/content/bmjopen/4/12/e005346.full.pdf

51] Ville Vasankari,1,2,3PauliinaHusu, et. al (2018). cardiovascular disease or high disease risk **https://bmjopensem.bmj.com/content/bmjosem/4/1/e000363.full.pdf**

52]VinayRao,Prasannalakshmi Rao1 (Oct-Dec 2014). High prevalence of coronary risk factors among bank employees in India, http://www.ijmedph.org/sites/default/files/IntJMedPublicHealth_2014_4_4_500_144129.pdf

53]VisbjergMøller, HaraldHannerz, et. al (2016). Multi-wave cohort study of sedentary work and risk of ischemic heart disease. https://www.ncbi.nlm.nih.gov/pubmed/26649851

54] **V. PRESS, I. FREESTONE and C.F. GEORGE** (2003) Physical activity: The evidence of benefit in the prevention of coronary heart diseaseQ J Med 2003; 96 :245–251.

55] **Tortora G J, Grabowski S R.** Principles of Anatomy and Physiology.8th Ed..New York : HarperCollins Publishers; 1996.p.578-580.

56**] T Sekhri, et.al. (2014)** Prevalence of risk factors for coronary artery disease in an urban Indian population.March 2014 https://bmjopen.bmj.com/content/bmjopen/4/12/e005346.full.pdf

57]**WHO (2016)** Global Health Estimates Deaths by Cause, Age, Sex, by Country and by Region, World Health Organization Geneva. https://www.thelancet.com/journals/langlo/article/PIIS2214-109X(18)30242-0/fulltext#back-bib1